



MEDICATION COUNSELLING LEAFLET MAKING COMPETITION

Organized by
Indian Pharmaceutical Association - Community Pharmacy Division (IPA-CPD)
in collaboration with
Indian Pharmaceutical Association - Students' Forum (IPA-SF)

Objective: To prepare a patient information leaflet for a given prescription to educate the patient about correct use of medications to improve therapeutic outcome.

Eligibility: All Pharmacy students / practicing pharmacists in India.

Theme: "Pharmacist: Your Medication Counsellor"

Guidelines:

- Prepare the leaflet for any one prescription given below for the purpose of this competition.
- Size of the Leaflet : A4 size (210mm x 297mm) and can include both the sides.
- Leaflet should contain counselling points for medication such as dosage, directions to administer, precautions to common side effects, storage information.
- Non-pharmacological advice
- Language to be used- English.
- Impactful drawings are allowed.
- Participants have to submit their leaflets individually.
- A topic relevant headline (with reference to prescription chosen) is necessary for the leaflet.
- Please scan and send your image of leaflet.

Don'ts : Do not include your name or details on the leaflet. Include it only in the body of the Email.

Please scan and send your image of leaflet to ipasf2019activities@gmail.com and ipacpdetimes@gmail.com in png/jpg format. {Email subject: Name- Association/College- Year of study / Name of Pharmacy with address}and mobile number

Last date for submission is 10th November 2019 and the entries received after that will not be considered for the competition.

Rewards: Three Winners will get a *e-Certificate* and cash award.

PRESCRIPTIONS FOR MEDICATION COUNSELLING LEAFLET

Note to Participants: Choose **any one** of the following prescription and develop a Leaflet as given in the Guidelines.

Case 1

Patient Initials: Ms. JK Age: 30 years Gender: Female Height: 160cm Weight: 75kg

Diagnosis: Primary Hypertension BP: 150/90 mm of Hg

Past Medical History: No other co-morbid conditions

Rx

1. Hydrochlorthiazide 25mg Once Daily
2. Enalapril 5mg Once Daily

Case 2

Patient Initials: Mr. TP Age: 50 years Gender: Male Height: 155cm Weight: 80kg

Diagnosis: Diabetes Type 2

Fasting Plasma Glucose: 150mg/dL

Post Prandial Plasma Glucose: 250mg/dL

HbA1c: 7.5

Rx

1. Glimepiride 1mg once daily
2. Metformin Immediate Release 500mg twice daily

Case 3

Patient Initials: Mr. MK Age: 10 years Gender: Male Weight: 35kg

Chief complaints: Sore throat, headache and fever since 5 days, temperature 100°F

Diagnosis: Pharyngitis

Rx

1. Acetaminophen 500mg every 6 hourly
2. Amoxicillin – Clavulanate (500mg + 125mg) twice daily 10 days

Case 4

Patient Initials: Mr. TP Age: 65 years Gender: Male Height: 165 cm Weight: 90kg

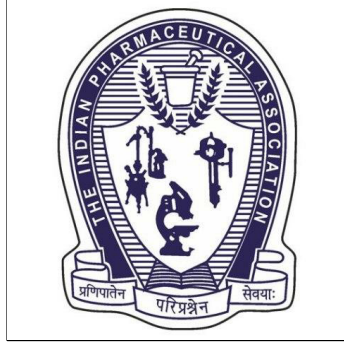
Diagnosis: Diabetes Type 2

Fasting Plasma Glucose: 200mg/dL Post Prandial Plasma Glucose: 350mg/dL
HbA1c: 9.5

Past Medical History: Hypertension since 10 years Blood Pressure: 140/90 mmHg

Rx

1. Insulin Lispro 10 Units Three times in a day
2. Insulin Glargine 30 Units once daily
3. Metformin Immediate Release 500mg twice daily
4. Ramipril 5mg once daily
5. Propranolol long acting 80mg once daily
6. Aspirin 150mg once daily
7. Atorvastatin 20mg once daily



INDIAN PHARMACEUTICAL ASSOCIATION

Keep checking www.ipapharma.org for more updates.