



Proud Sponsor of
World Sleep Day
March 17, 2023
Sleep is Essential for Health

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Dear Pharmacist!

We take this opportunity to invite you for an insightful learning session on sleep, and how pharmacists can help in counseling patients on better sleep management.

Date: 17th MARCH, 2023

**Time: 3:00 PM TO 5:00 PM (IST)
5:30 PM to 7:30 PM (The Philippines)**

CERTIFICATION PROGRAM OUTCOMES



Identify the key attributes for good quality sleep



Evaluate the effectiveness and safety of different sleep aids



Understand the impact of poor sleep on overall health and well-being



Provide patient-centered counseling on sleep management



ENROLL TODAY!

For more information, please visit: <https://pgsms.mims.com>